

American Drug Testing

Drug-Free Workplace Programs

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DRUG-FREE WORKPLACE ADVISOR

AN ONGOING SERIES TO PROTECT YOUR COMPANY BY HELPING TO KEEP DRUGS OUT OF YOUR WORK-

Random Drug Testing Programs Deter Use

Random drug testing programs appear to deter drug use, DTI data shows. In the federally mandated safety-sensitive workforce, where employees expect random drug testing, the drug positivity rate is far lower than the rate of positivity among job applicants in that same workforce. However, in the general workforce, where employees are far less likely to expect random drug testing, the drug use positivity rate is dramatically higher than that of job applicants. "At first, it may not be surprising that in the safety-sensitive workforce random drug test positivity is nearly 18 percent lower than pre-employment positivity," according to Barry Sample, Ph.D., Director of Science and Technology for Quest Diagnostics. "Pre-employment drug testing is an important frontline filter to help ensure a drug-free workforce. However, we see a more complex story when

these rates are compared to the general workforce, where employees are far less likely to expect random drug testing. Here, the random urine test positivity rate is 47 percent higher

"...Random urine test positivity rate is 47 percent higher than the pre-employment urine test positivity rate."

than the pre-employment urine test positivity rate." Random urine test positivity among safety-sensitive workers was 1.4 percent, according to the 2008 DTI, nearly 18 percent lower than the pre-employment positivity rate. Those employed in the safety-sensitive workforce understand that they can be subject to a random drug test at any time. In the general workforce, where random urine testing is not typically required of employees nor expected, the random urine test positivity rate was 47 percent higher than that workforce's pre-employment positivity rate. The general U.S. workforce pre-employment urine testing positivity rate reached 3.6 percent, while the gen-

eral U.S. workforce random urine testing positivity rate reached 5.3 percent.

Cocaine and methamphetamine use decline sharply; amphetamine use increases

Positivity rates of recent use of cocaine in the general U.S. workforce dropped 29 percent (0.58 percent of all urine drug tests in 2007 to 0.41 percent in 2008) continuing a steep decline. In 2006, 0.72 percent of urine tests showed recent use of cocaine. While methamphetamine positivity in the general U.S. workforce also dropped 21 percent (0.14 percent in 2007 to 0.11 percent in 2008), the positivity rate for amphetamine increased more than 12 percent, from 0.40 percent to 0.45 percent.

Cocaine, methamphetamine and amphetamine are each a type of stimulant, typically used to increase alertness and relieve fatigue. Stimulants are also used for euphoric effects or may be used to counteract the "down" feeling of tranquilizers or alcohol. Possible side effects of stimulants include increased heart and respiratory rates, elevated blood pressure, dilated pupils and decreased appetite. High doses may cause irregular heartbeat, loss of coordination or collapse. Indications of possible mis-

use may include excessive activity, talkativeness, irritability or nervousness.

For additional tips, see the

Online Supervisor Training Program



Supervisors will learn:

- How to identify illegal drugs and drug paraphernalia
- The linkage between drug and alcohol problems and performance problems
- How to identify and investigate crisis situations
- How to recognize workplace problems related to employee use of alcohol and drugs
- How to avoid enabling and common supervisor traps



Exceeds requirements for supervisor training as outlined by the U.S. Department of Transportation.

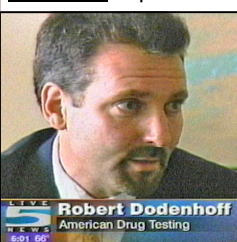
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