

# American Drug Testing

*Drug-Free Workplace Programs*

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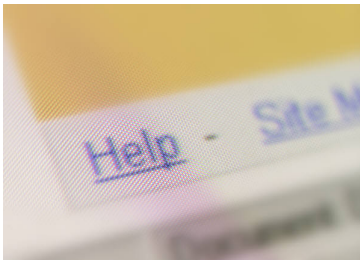
(843) 747-4111

## DRUG-FREE WORKPLACE ADVISOR

AN ONGOING SERIES TO PROTECT YOUR COMPANY BY HELPING TO KEEP DRUGS OUT OF YOUR WORKPLACE.

### Sources of Help for Employees

The following are organizations that provide free, confidential assistance to individuals who have, or know someone who has, a problem with alcohol or other drugs:



#### **Substance Abuse Treatment Locator**

Phone: 1-800-662-HELP  
[www.findtreatment.samhsa.gov](http://www.findtreatment.samhsa.gov)  
This Substance Abuse and Mental Health Services Administration (SAMHSA) Web site and toll-free phone line help individuals locate drug- and alcohol-abuse treatment programs in their communities.

#### **AlcoholScreening.org**

[www.alcoholscreening.org](http://www.alcoholscreening.org)  
This free, confidential Web site lets individuals privately assess their own drinking habits and receive personalized feedback to help them determine if they

need help to change those habits. Individuals also can find out about facilities in their communities that offer alcohol abuse treatment and consultations with qualified health professionals for alcohol problems.

#### **Al-Anon/Alateen**

Phone: 1-888-4AL-ANON  
[www.al-anon.alateen.org](http://www.al-anon.alateen.org)  
Al-Anon provides information on the effects of alcohol abuse and refers friends and families of alcohol abusers to nearby support groups. Al-Anon's purpose is to help families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend. Alateen is the organization's program for young people whose lives have been affected by someone else's drinking.

#### **Alcoholics Anonymous (AA)**

[www.aa.org](http://www.aa.org)  
AA offers a way to stop drinking to individuals who feel they have a problem with alcohol. AA groups are located in most cities and rural communities throughout the country. Individuals can look up "Alcoholics Anonymous" in a local telephone directory for a contact in their area.

#### **American Council on Alcoholism**

Phone: 1-800-527-5344  
[www.aca-usa.org](http://www.aca-usa.org)  
American Council on Alcoholism provides referrals to alcoholism treatment programs nationwide and distributes

written materials on alcohol abuse problems.

#### **Cocaine Anonymous**

Phone: 1-800-347-8998  
[www.ca.org](http://www.ca.org)  
Cocaine Anonymous provides support for people dependent on cocaine and other mind-altering substances. Callers are referred to local helplines.



#### **Nar-Anon**

Phone: 1-800-477-6291  
[www.nar-anon.org](http://www.nar-anon.org)  
Nar-Anon is a worldwide program which provides support for friends and families of individuals with addiction or drug problems.

#### **Focus on Recovery Helpline**

Phone: 1-800-234-0420  
[www.focushealthcare.com](http://www.focushealthcare.com)  
Focus on Recovery is a helpline which provides support and information for recovering drug addicts through referral to local helplines staffed by other recovering addicts.

#### **National Council on Alcoholism and Drug Dependence Hopeline**

Phone: 1-800-NCA-CALL  
[www.ncadd.org](http://www.ncadd.org)

This organization, a planning and oversight agency for public substance-abuse treatment programs, provides written information on alcohol and drug abuse and referrals to treatment and counseling services nationwide.

### Supervisor Training

To help protect your company, American Drug Testing offers professional Supervisor training. Supervisors will learn how to:

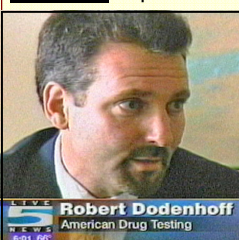
- Recognize workplace problems that may be related to alcohol and other drugs
- Intervene in problem situations
- Refer employees who have problems with alcohol and other drugs
- Protect employee confidentiality
- Continue to supervise employees who have been referred to assistance



- Avoid enabling and common supervisor traps

To find out more, please contact us at (843) 747-4111.

#### **The Drug-Free Workplace Advisor** is published by



American Drug Testing, a leading drug-free workplace administrator and testing

company. Let us help you maintain a drug-free workplace. Call (843) 747-4111.  
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